



St. Peter Recreation Volleyball

RULES

1. High School League rules will govern league play and in-house rule exceptions as noted.
2. All teams shall be composed of a maximum of six (6) players on the court at one time. Roster maximum is 12 players (which includes subs).
3. **Eligibility Regular Season:**
 - All players must be on the team roster (pre-final and final)
 - **If you have not turned a pre-final roster in, you must have one prior to first league night.**
 - All players must be able to present proof of ID
 - All players will need to check in with referee before allowed to play each night
 - Have ID's ready at check in
 - Numbers will be required on all team shirts.

Eligibility Playoffs:

 - All players must be on final roster
 - All players must be able to present proof of ID
 - All players will need to check in with referee before allowed to play each night
 - Numbers will be required on all team shirts
 - **All players must have played a minimum of 4 regular season league nights.**
 - **Designated Subs must have played a minimum of 2 regular season league nights.**
4. **If you do not have at least 4 players on the court, ready to play 5 minutes after your start time, your team will forfeit the first game. After 10 minutes your team forfeits ALL 3 GAMES.**
5. Referees will meet with the Captains to determine who serves first. The team that wins the first serve wins the third serve also.
6. A team may start, continue, or finish a game with 4 – 6 players which may consist of the following:
 - **FOUR PLAYER teams may consist of the following combinations:**
 - ✚ 2 Males & 2 Females or 1 Male & 3 Females.
 - ✚ **A four person team will have two positions empty. The two middle positions will be designated the empty positions and will rotate.**

The empty positions (4 person team will have two positions empty) will rotate. Teams will lose a point when each empty position rotates into serve but will keep serve for next person. (two middle positions considered empty)

- **FIVE PLAYER teams may consist of the following combinations:**

- 3 Males & 2 Females
- 2 males & 3 Females
- 1 Male & 4 Females
- **Rule 11 still applies if more males than females.**

The empty position (empty position will be the back middle position) will rotate. Teams will lose a point when empty position (back middle) rotates into serve but will keep serve for next person.

- **SIX PLAYER teams may consist of the following combinations:**

- 3 Males & 3 Females
- 2 Males & 4 Females
- 1 Male & 5 Females

7. All matches will consist of three games. All league games will be played with rally scoring to 25; must win by 2; or first team to 30 points. One hour time limit still applies.

If the third game has not begun and/or time has run out (end or almost end of an hour), the third game will be played up to 15 points; win by one. No break between 2nd and 3rd games; game needs to start immediately.

8. **Serving:**

- Players may serve from anywhere behind the service line.
- Curtain side serving – Players will be allowed to step forward up to 30 inches (a secondary mark will be 30 inches) to serve the ball when curtain is down.
- The receiving team must rotate before their first serve.
- No blocking or attacking of the serve.

9. **Obstruction on a serve:** if the ball touches any obstruction (lights, beams, middle curtain, walking track, wall etc.) it is a side out.

10. **Obstruction during play:** a ball that hits an obstruction (including the pipes on the ceiling) can be played on the team's side that hit the ball, however, it is a side out, or point, if the ball continues over to the other side. Walking track, curtain, wall, & scoreboard is an automatic side out.

11. Two males may not consecutively contact the ball over the net unless a female player contacts the ball first or contacts the ball before the ball travels over the net. (Rule still applies if there are more males on a team than females.)

12. One back court player (male or female) may also block when there is only one male player in the front line position.

13. If a **back row player** is on, or in front of the 10 foot line, and contact with the ball is above the height of the net on the team's first or second hit, and the pass is to a teammate, or an opponent legally contacts the ball (block) before it crosses the net, play continues. If the ball crosses the net untouched, it is a back row player foul.

14. Players may not touch the net.

15. All plays at the net are judgment calls by the officials and protests will not be allowed. See rule 19 about protests.
16. **You may play the ball a maximum of two steps into another court. More than two steps into another court is a side out.**
17. **Curtain Play.** You may not push the curtain to make a play on the ball. You may play the ball and take one step to gain control into the curtain. Falling into, rolling into or taking more than one step into the curtain will be a side out.
18. **Time out** can be requested only when the ball is dead. There is **one** 30 second time out per game. Request for time out may be made only by the team captain.
19. Only the **team captain** is allowed to protest the referee's rule interpretation. Judgment calls cannot be contested.

Protests on eligibility may be made before or during, but not after a game has been officially completed.

20. Any player ejected more than once will be ineligible until the League Director reinstates the player.
21. Ball may contact any part of the body above the waist.

- **Double Hits (or various contacts) - on volleyball defense**

- **A double hit** (or various contacts) **is allowed on the first hit** when

1. Receiving the serve, or
2. Playing defense **AS LONG AS CONTACTS HAPPEN DURING ONE ACTION**
On the defensive play when the ball contacts for example arm, following with a contact to the shoulder (remember you cannot carry, throw or catch the ball)

- **Double Hit II - Overhead serve receive**

- On overhead serve receive, player is allowed to double hit the ball. (In other words when player "finger sets" the serve, it doesn't have to be clean.)

22. For weather cancellations **Decisions will be after 3:30 pm.**
 - Sign up for **REMIND**. Receive messages via text or email. Can add **Remind** App to your phone.
 - Call the Rec Hotline 934-0070
 - Check the City of Saint Peter Facebook for posting
 - Visit www.saintpetermn.gov/recreation
23. Tournament Play: 1) Best of 3 Games or 2) If 3rd game is needed will only be played rally score to 15 points. Game start times are 6:30, 7:15, 8:15
24. Players fees are due on Friday, December 9 - \$190 per team.